

15 JULY 2004 - 15 OCTOBER 2004

COMMUNITY CONNECTION

PRIDE OF PICATINNY...Your link to Morale, Welfare &
Recreation and Family Support Programs and Events

<http://w4.pica.army.mil/mwr/>

Looking Forward...



Visit the Bronx Zoo!



**Pro/Super Golf Scramble,
17 July 2004**



Have fun at Frog Falls!



The Haunted House is Back!



Annual Triathlon, 21 August



At a Glance:

Golf Season in full swing...p 4

New ITR Trips...p 8

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Welcome and Editor's Note:

Remember "MWR - is for all of your life". The best Army in the world deserves the best MWR services - count on it!

Our Pledge:
First Choice Service Wherever
America's Army Serves.

*Self-Reliance * Peace of Mind
* Community * Growth *
Renewal

If you have an article for the connection please provide it to Sue Elias, email - selias@pica.army.mil or call me at (973) 724-7246.

We provide quality of life programs to the Picatinny Arsenal Community to include active duty military, retirees, civilian employees, National Guard/Reservists and all their family members as well as to our partnered communities. Our events/programs cover the gamut - recreation, family support, food, beverage and entertainment.

As always I look forward to your feedback.

Sue Elias

MWR Kudos Corner - please note our special thank you section located on the back page. This is the place that we will recognize our sponsors and vendors that help us enhance our programs!

Features of the Morale, Welfare and Recreation webpages:

MWR Homepage -

<https://w4.pica.army.mil/mwr/>

Our programs are listed in alphabetical order.

MWR Calendar of Events -

<http://www.calendarserver.com/calendar/?account=22663>

Details of our major programs and events can be found on these calendar pages. Let us help you plan your calendar and your recreational activities.

MWR Community Connection

- is available for you to read at our MWR website:

<https://w4.pica.army.mil/mwr/CurrentNewsletter.pdf>

Look for the MWR link on the Picatinny Federal Credit Union homepage:
<http://www.picatinnycu.org/>

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THE PURPOSE OF THIS NEWSLETTER IS TO PROVIDE CURRENT INFORMATION ABOUT MWR, FAMILY SUPPORT AND COMMUNITY EVENTS/PROGRAMS. THE MENTION OR APPEARANCE OF COMMERCIAL VENDORS AND/OR THEIR LOGOS NEITHER IMPLIES NOR CONSTITUTES FEDERAL ENDORSEMENT OF PRODUCTS OR SERVICES.

Editor...Susan P. Elias, Marketing/Advertising Specialist

Contributors...MWR & Family Support Staff

MWR website: <https://w4.pica.army.mil/mwr/>

THE CANNON GATE

CATERING & CONFERENCE CENTER



LET US HOST YOUR NEXT SPECIAL OCCASION WE CATER BOTH BUSINESS AND CORPORATE EVENTS

Our establishment overlooks a beautiful 18-hole golf course and offers banquet rooms featuring a variety of amenities - views...fireplace...ambiance...intimacy. We cater large events (up to 250 guests), small or intimate functions. We pride ourselves on our excellent food and our dedication to customer service. We are proud to serve homemade, quality menu items.

OKTOBERFEST – Make reservations early for this special event. Bavarian food and authentic entertainment will be featured this evening. Date is **Friday, 8 October** starting at 6PM. Oh and there will be German beer, of course!

Mark your calendar for these great Cannon Gate Club events:

Be sure to make your reservations early, 973-724-CLUB.

Wine Tasting at The Cannon Gate Club on Friday, September 10th, 2004

Variety of cheeses, fruits and hors d'oeuvres will be available

Watch for more details or call, 973-724-CLUB for more information.





MONTHLY DINNER BUFFET–

Next scheduled dates are - 22 July, 19 August, 16 September and 21 October 2004...

Don't miss our monthly buffet featuring Chef Carved Roast Beef and Fresh Turkey along with full salad bar and homemade soup. A great bargain at \$12 per person. Complimentary glass of beer, wine or soda included.








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THE GOLF COURSE & PRO SHOP



2004 ANNUAL FEE STRUCTURE

CATEGORY:

	Prim	Family Mbrs* Full	Lmtd
ACTIVE DUTY			
E1 - 03	\$396	\$198	\$144
04 and Up	\$732	\$366	\$276
RET MIL			
E1-E4	\$396	\$198	\$144
E5-Up	\$732	\$366	\$276
DoD CIV	\$732	\$366	\$276
RETDcIV	\$732	\$366	\$276
CDR APRVD	\$1464	\$732	\$552
CONTR	\$1464	\$732	\$552

*Family Members: Full = includes prime time; Limited = excludes prime time

USER FEE—\$2.00 per round for all annual fee patrons

For further details on eligibility requirements call (973) 724-GOLF. Club Lockers are available for rental – inquire for more details.

2004 Picatinny Major Golf Tournaments:

Sat Jul 17 - Golf Pro & Super Day
Fri Jul 30 - Commander's Cup
Fri Aug 6 - Mens Club Championship
Sat Aug 7- -Mens Club Championship
Sun Aug 8- -Mens & Ladies Club Championship Finals
Sat Aug 21 - Summer Classic Scramble
Sat Sep11 - Member/Member
Sun Sep12 - Member/Member
Fri Sep 24 - Mens Member Guest
Sat Oct 23 - Club Day Scramble & Awards

2004 Equipment Rentals

Power Carts		
18 hole double		\$24
18 hole single		\$15
9 hole single		\$12
9 hole double		\$9
Pull Cart		
18 holes		\$4
9 holes		\$2
Golf Club Rentals		\$10

2004 Daily Fee Structure

	<u>Holes</u>	
	18	9
Active Duty E1 - 03	\$10	\$6
04 & Up	\$20	\$12
RET Mil E1 - E4	\$10	\$6
E5 - Up	\$20	\$12
DoD Civilian	\$30	\$18
DoD Contractor	\$35	\$21
Veteran	\$35	\$21
Guest	\$35	\$21
Junior (ages 6 to 17)	\$10	\$6

*Active Duty Military Discount Card: 10 rounds for \$70.00, E1-03. Buy as many as you need, good for any day and family members. Call the Pro Shop for more information, (973) 724-GOLF.

THE GOLF COURSE & PRO SHOP



Since listening to our golf patrons concerns at the **February '04 Focus Group** meetings we have addressed most issues that were brought up:

- * Complete cart paths - Hole #12 is now completed with #9 & 14 to follow
 - * Step Cut Fairways – Now being implemented
 - * Yardage Markers – All have been trimmed and re-marked
 - * Replace bridges – Bridge # 6, 7 & 8 now complete
 - * Check Green Speed – Speed is taken bi-weekly and measurement is at golf shop desk
 - * Soften sand based greens – Following USGA Agronomist recommendations (early May)
 - * Level/Rebuild Ladies Tees – Being planned for fall '04
- Other areas we are currently addressing:
- * Course Restoration – Repairing flood damaged fairways
 - * Allow carts on Fairways – When conditions allow
 - * Drainage –On going repair due to course built in wetlands
 - * Plant Trees and Shrubs – 43 trees/shrubs were planted this spring (more scheduled this fall)
 - * Replace remaining Bridges - 3 more scheduled for this fall

* Remove Trees – We expect to thin out areas near tee boxes to improve turf conditions

Bridge Upgrades:

As many of you are already aware this past spring we replaced 3 bridges on holes # 6, 7 & 8 all within 9 days. We are very pleased with not only how quickly they were installed but with there overall appearance. These bridges were a high priority due to the deteriorating condition of the ones we replaced. They are supposed to last far longer (20-30years) then those they replaced due to there design.

Thanks to all those who were involved with the project from concept design drawings to environmental and engineers issues to final installation.



18 Hole Women's Golf Group

Thank you to all the ladies and gentlemen who made the "4th Annual Rally for a Breast Cancer Cure Tournament" a success. Our Chairlady, Nancy Fall, did a wonderful job. (thanks to husband, Herb also)..it has been a busy year so far with special events and tournaments. Coming up: the Picatinny Ladies Golf Club Championship....Dates are 3-4, & 10 Aug...look for sign up sheets in the Locker Room and the Pro Shop. Please sign up early. Also check the Boards for other dates and events.
Jane Buda, Publicity

ARMY COMMUNITY SERVICE



AER Fund Drive Convoy

FALL JOB FAIR

**Wednesday, October 20, 2004
10:00am-2:00pm**

Free & Open To The Public
If you or someone that you know is looking for a new career don't miss this event!

Our job fairs give you the opportunity to meet with up to 35 local hiring employers - all at one location!!! Employers include private industry, federal & state government and staffing agencies. Recruiters will be hiring for full-time, part-time, permanent, temporary and holiday employment. Open positions include but are not limited to: Administrative; Secretarial; Financial Planning; Sales; Marketing; Nursing; Independent Consultants; Managerial; Light Industrial; Security, etc.

The job fair is free, open to the public and is held at the Weichert, Realtors Corporate Campus, 1625 Route 10 East, Morris Plains. Put on your best suit and bring several copies of your up to date resume! Job Applicants should develop a 30-second pitch or "commercial" of your skills to let the recruiter know why they should hire you! The job fair is co-sponsored by Picatinny Arsenal and Weichert, Realtors.

For more information contact, Donna Della-Badia, job fair coordinator, Army Community Service, 973-724-2145 e-mail: dellabadia@pica.army.mil Information and directions are posted on the web at: <http://www.pica.army.mil/mwr/acs.htm>

Employment Readiness Program, ACS, Building 34

The ACS Employment Readiness Program is here to assist military spouses with their job search and self-marketing tools. We have programs available to help you identify your skills, develop a resume and improve interviewing techniques. Our Career Center includes a computer with Internet access, a resource library containing books, videos and training materials and a job bank of local employment opportunities.

Appointments are required and can be made by calling Donna Della-Badia, 724-2145.

Following a harsh winter, when blood donations lagged behind patient demand for transfusions, the blood center is looking to build up its spring blood supply. The blood center relies on generosity of volunteer donors to meet the demand and replenish community blood supply.

Without volunteers our community will simply not have an adequate supply of blood.

Blood donors must be at least 17 years of age, weigh a minimum of 110 lbs and in good health. **Picatinny's Blood Drives** are scheduled for Aug 27 & Sep 3, and Nov 5 and 10th and are held in The Cannon Gate Club between 0800-1315. For an appt call: Irene Fredricks (973) 724-7247 or e-mail, ifredric@pica.army.mil.

The **Pheresis collections** are once a month and are held on the NY/NJ Blood Services Bus that is parked in the Clinic (Bldg 118) parking lot. The schedule for pheresis is: Aug 6, Sep 3, Oct 8, Nov 19 and Dec 10th. For an appointment call:

1-800-933-2566 x123 or e-mail appointment@NYBloodCenter.org

ARMY COMMUNITY SERVICE



Job Fair

What exactly is Army One Source (AOS)?

AOS is a 24-hour, seven-days-a-week toll-free information and referral telephone service available to Active duty, National Guard and Reserve Soldiers, deployed Civilians and their Families worldwide. AOS provides information ranging from every day concerns to deployment/reintegration issues. Additionally, if there is a need for face-to-face counseling, AOS will provide referrals to professional civilian counselors for assistance.

What is the effect of AOS on installation Army Community Service (ACS) and other family program services? Is the long term goal to outsource Family Programs?

AOS supplements installation-based services. It expands ACS capabilities with a 24-7 resource. It is not intended to replace the services and programs offered by ACS. Will Army One Source refer me back to installation services? When using Army One Source for services also provided by Army Community Service, you will first be referred to ACS. If you have already contacted ACS, please tell them you were referred by us.

Point of contact for Army One Source is Megan Rice at x 5219. To use this great service call 1-800-464-8107 or online at www.armyonesource.com user id - army, password - onesource.

Did you Receive PCS Orders?

ACS is here to help... Stop by ACS in Building 34N. We are here to make your move a smooth and successful one for your entire family! At ACS we have planning guides, moving tip sheets, and information on your new duty station. Go surfing! Visit SITES (www.dmdc.osd.mil/sites). SITES is a computerized database with all the information you will need to know about any Department of Defense (DoD) installation around the world. Soldiers, family members and civilians, of all military services, can surf the site and find information about housing, schools, healthcare, employment and more. If you have used SITES before, you need to check it out now..SITES is brand new and updated! SITES4 is now more user friendly, has tons of pictures and great info on your new duty station, surrounding areas.

Check it out from your home or stop in the ACS Office and we will guide you through the info and print you out an individualized packet of information about your new "home". Other online resources are out there, stop by and let us help you with all your questions. Stop in to ACS, Bldg 34, call or email Tammy Trainor for more information (973)724-4939 or DSN 880-4939, ttrainor@pica.army.mil.

Relocation Websites: <http://www.militaryacclimate.com/>
<http://www.homefair.com/homefair/servlet/ActionServlet?pid=27&cid=homefair>

<http://www.sgtmoms.com/home.asp>

<http://www.usps.com/moversnet/pets2.html>

<http://www.usps.com/moversnet/kids2.html>

<http://www.moving.com/>

<http://www.rpsrelocation.com/>

http://www.onestoparmy.com/main_lbwh.htm

ITR “TAKE OFF” CENTER

Community Recreation - “Take Off” Center,
Bldg 34 - X4014



Cape Cod, MA

Upcoming Bus Trips - Guests are always welcome on our trips - sign up family and friends.

Com’n along as we travel to Trump Plaza on Friday, July 16. We depart at 8 am and travel down the highway to Atlantic City. The cost is only \$19/person and we each receive back \$15 from the casino. We will enjoy 6 hours of free time; time to gamble, walk the Boardwalk or stroll along the waves. We play Bingo on the way down and have a video on the way home....a full day of fun awaits you. We will be back to the Arsenal at approximately 7:30 pm.

Friday, August 20 is the date for our return trip to the QVC Studios for their tour and for a delicious lunch at Simon Pearce on the Brandywine in Westchester, PA. This trip was booked to capacity in the spring, so now we are doing it again. The price is \$56/person and includes a 3 course lunch (menu to be determined at a later date) at Simon Pearce and a chance to visit their glassblowing operation. Then we proceed on to QVC Studios for a guided tour of the biggest home shopping

network on TV. We will depart at 8 am and return at approximately 7:30 pm.

Our annual fall excursion to the world famous Bronz Zoo is scheduled for Saturday 18 September. We depart at 9 am and travel by comfortable charter bus to the zoo. You pay us only for your charter bus transportation (\$15/adult and \$12/child) and then you purchase the type of zoo package you want from the ticket window at the zoo. A basic admission for adults is \$11; children \$8. A complete package admission is \$20/adult; \$16/child.

Saturday, October 9....Travel to the beautiful Foxwood Casino in Ledyard, CT, and enjoy the drive through Connecticut as we view the fall foliage. This trip leaves at 8 am and costs \$25/person. We receive back a package worth \$20....a \$10 food coupon and \$10 in match play. We will return to the Arsenal at around 8 pm.

New Bus Tour - Cape Cod, MA Come with us on October 11 and experience a wonderful 5 days and 4 nights of fun in New England. Trip includes 4 nights lodging, 4 breakfasts, 4 dinners including a lobsterbake. Also includes sightseeing in Hyannis, Sandwich, Boston, Plymouth and Provincetown. Includes a Hyannis Harbor Cruise and a stop at Foxwoods Casino. All this for only \$430/person with double or triple or quad occupancy. Single supplement is \$69 additional. Think about enjoying the cool fall weather along the Cape and in Connecticut. We will return on October 15. Call Patti at 973-724-4014 if you have questions about this wonderful overnight trip. The vendor is White Star Tours and we have always had high praise for their hotels, meals and hosts.

ITR "TAKE OFF" CENTER



Community Recreation - "Take Off" Center, Bldg 34 - X4014

Picatinny Guest House and Recreation Trailers:

2 options for your recreation and temporary housing needs. The Guest House, located at 110 Farley Avenue, has 3 motel-like rooms and one Suite. Rooms rent for \$40/night and the Suite is \$56. Reservations are taken on the first working day of each month for the following month; example: on 1 Sep, all the days in Oct will open up for reservations. Active Duty have a priority sign up beginning 10 days earlier. The Recreation Trailers are located on Snakehill Road out by the Heliport. There are 14 fully furnished mobile homes available for rent. Call now to check on availability. There is a two night minimum. Call now whether you need a short term stay or are looking for some temporary housing for a month or two.

Summer Tickets - New Jersey & Pennsylvania

Six Flags Great Adventure, Jackson, NJ

	Picatinny	GATE	SAVE
Early Bird - Adult >54" tall; must use by 6/30	\$28	\$45.99	\$17.99
Regular Season - after 6/30 - AD	\$31	\$4,599	\$14.99
Hurricane Harbor - Daily	\$25	\$29.99	\$4.99
Season - Theme Park & Safari	\$75	\$75.99	\$0.99
(We do not carry children's tickets for Six Flags)			

Dorney Park & Wildwater Kingdom, Allentown, PA

Regular Summer - Adult, >48"	\$26	\$35.75	\$9.75
Junior (age 3 to 48")	\$14	\$16	\$2.00

Hershey Park - Hershey, PA

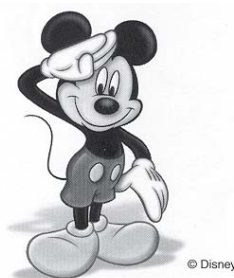
Adult	\$24	\$37.95	\$13.95
Jr/Sr (ages 3-8, 55+)	\$21	\$21.95	\$1.95
(limited #'s of tickets are available)			

New Ticket Program! Discount ticket voucher for MEDIEVAL TIMES in Lyndhurst, NJ!

Purchase an adult voucher for \$39 or a child's voucher (12 and under) for \$33. You are saving \$11.83 or \$5.05 respectively off of the admission price. You purchase the vouchers from us; then call Medieval Times and make your reservation for any showtime. Present your vouchers at the ticket window and enjoy the show! You are served a 3 course meal from the medieval wenches while you cheer on your favorite knight in the jousting competition. Great fun for family outings! Enjoy the food, the costumes and the beautiful horses!

ITR "TAKE OFF" CENTER

Community Recreation - "Take Off" Center,
Bldg 34 - X4014



Orlando Area Tickets - 2004

		PICATINNY GATE	SAVE
Universal Studios - Orlando			
1 Day- Adult	\$50	\$57.46	\$7.46
Child (3-9)	\$41	\$47.88	\$6.88
2 Day + 3rd Day Free - Adult	\$94	\$106.45	\$14.45
Child (3-9)	\$79	\$94.75	\$15.75

SeaWorld - Orlando

1 Day - Adult	\$48	\$57.46	\$9.46
Child (3-9)	\$40	\$47.88	\$7.88

Orlando Flex Ticket

Adult	\$173
Child (3-9)	\$142

14 Days of Unlimited access to Universal Studios, Sea World, Islands of Adventure and Wet 'n Wild

VIRGINIA:

Busch Gardens - Williamsburg -

Adult	\$41	\$46.95	\$5.95
Child (3-6)	\$34	\$39.95	\$5.95

Military travel websites for your leisure travel needs:

offdutytravel.com
govarm.com
afvclub.com
military.com

Armed Forces Vacation

Club....\$249 for a full week in a

resort? Sounds too good to be true but it is not. The Armed Forces Vacation Club is a way to get space available accommodations at some of the best time share resorts all around the country. You can get condos with 1,2 or even 3 bedrooms at the rock bottom price quoted. Go on line at www.afvclub.com and go through the choices to see what is available in the location you desire; sometimes you have to check nearer to the date to find some spaces opening up. But once you find something; you reserve it and give them the Picatinny AFVC Installation Number of 132 and then Morale, Welfare and Recreation gets a commission on your vacation stay. We have had testimonials from many customers who have used this service and you get first rate accommodations at bargain basement prices. The program runs from Saturday to Saturday; there is no requirement to sit through any sales presentations and you can find a wonderful place for your next vacation. If you do not have internet access; then call the reservation center at 1-800-724-9988 and tell them you are a first time AFVC caller. A vacation counselor will take your enrollment and help you find an available resort.

CHILD & YOUTH SERVICES

MORRIS COUNTY 4-H COUNTY FAIR- PICATINNY 4-H CLUB INCLUDED

School Age Services and Youth Services will be participating in the "Opening Ceremonies" of the 2004 County Fair on Friday July 23rd. The location is Chubb Park in Chester, N.J.

All new prospective members and/or volunteers can join us by calling SAS/YS at 973-724-5555 for more information.



The Haunted House is Back!

Mark your calendars for October 23rd, 29th, and 30th. Plans are underway and volunteers are needed for all avenues of programming to make this the great event that it has always been. Call SAS/YS at 973-724-5555/or 7183, or Pat McKenna, CYS Coordinator at 973-724-4994.



Child Development Center Enrolls Part Day Preschool Spaces -

The Child Development Center will offer Part Day Preschool classes for children 3-5 years of age beginning Monday, Sep 13. Classes are available for three year olds each Tuesday and Thursday, 0830-1130 and four year olds each Monday, Wednesday and Friday, 0830-1130. A minimum enrollment of five children is necessary for each class. Call the Child Development Center at 973-724-4337 for enrollment applications or to confirm previous enrollment. Classes will be combined or canceled if minimum enrollment is not met. Come Join Our Wacky Group!

Have Some Free Time?

Want to earn spending money? The Child Development Center (CDC) is accepting applications for flex caregiving positions. If you enjoy spending time with the youngest members of our community, the CDC is the place for you. Convenient to housing and no evenings or weekends involved. Call the CDC, 973-724-4337 for more info or an application or Sherry Jones, Civilian Personnel Specialist, 973-724-2261.

FROG FALLS



Frog Falls is gearing up for an exciting season with new programs to meet our the needs of our members. In response, we are proud to offer the following new programs:

Lifeguard Training: Are your kids 15 years or older and looking for a summer job? Are you tired of hearing your kids say "I'm bored" Are you sick of your older child moping around with nothing to do? The American Red Cross Lifeguard Training Course teaches the following: - Recognition and prevention of injuries; - Rescue skills; - First Aid and CPR training including AED and Oxygen Administration; - Professional Lifeguard Responsibilities;

* Pre-requisites include: 15 years old by the last day of class, swimming skills and a desire to learn. All participants will be required to pass a pre-test given on the first day of class. If the participant does not pass, they will be offered the opportunity to go through the class and test again at a later date or receive a full refund of their enrollment fee.
Session 1: 14-18 June M-F 8am-4:30pm Cost: \$185 civilian \$150 military

Session 2: 26 Jun-25 July, Sat and Sun, 8am-12pm (No class July 3 or 4)

Both sessions include 40 hours of instruction time, Lifeguarding Today textbook (required), pocket CPR mask (required). All eligible participants that successfully complete the class will receive certifications in the following: Red Cross Lifeguarding and First Aid Basics, CPR for the Professional Rescuer with AED Essentials, Oxygen Administration for the Professional Rescuer.

*Class size is limited to 10 participants each session. Sign up early by calling ITR at 973-724-5515 or the Park at 973-724-7275 before June 10th.

NEW!!! Guard Start Training: Lifeguarding Tomorrow Ages 11-14 Wow! A totally new program designed to provide youth ages 11-14 the opportunity to learn a foundation of lifeguarding and life skills. For youth with swimming skills, this program makes an ideal transition between our swimming lessons and the Lifeguard Training Course. Guard Start focuses on the following key training areas:

- Prevention of Aquatic Accidents
- Fitness and Swimming Skills
- Response in an Emergency

- Leadership Skills
- Professionalism as a Lifeguard

This training and fee schedule is still being developed at the time of publication. Check our website for more information. <https://w4.pica.army.mil/mwr/MWR/AquaticPark/FrogFallsSite/home.htm>

FrogRobics:

Aerobics in the pool is fast becoming a fitness craze. Our experienced instructors will help you get fit and have fun. Get your heart pumping and tone your muscles with very low resistance. FrogRobics is open to Frog Falls Members, Military and Picatinny Civilians and DOD Contractors. You must have a valid MWR ID (see ITR in Building 34) to participate. Sign Ups start May 1st. Sign up for 1, 2 or 3 days a week each session.

Session 1: June 29- July 8
Tues, Wed and Thurs. 1700-1745

Session 2: July 13-22nd Tues, Wed and Thurs. 1800-1845

Fees: 1 day per week (per session) \$15

2 days per week (per session), save \$5

3 days per week (per session) \$35, save \$10

TOTAL FITNESS

The **Sand Volleyball** season will be beginning in June and wrapping up with the playoffs being held in August. Games will be held on Tuesday and Thursday nights at the sand court located by the chapel. To sign up your team please contact the Fitness Center at extension 4629.

Frogrobics will be starting in mid-July and will run through the summer at Frog Falls. Participation will be as a walk on basis and all participants will be required to pay a small daily fee for pool usage. For further details please contact Frog Falls at 7275

The **Softball All-Star game** which is played against Rockaway Township will be held at Picatinny Arsenal this year. All interested individuals must be 35 years or older and possess a valid rec pass. Anyone interested may contact the Fitness Center at ext. 4629 for more details. A date has not been set.

This year's **Multicultural Day 5K Run/Walk** will be held on Thursday July 8th. We hope to increase the amount of participants this year. Registration will be held a 1/2 hour before race time at 8:00am. The Fitness Center is looking for volunteers to help with this year's event. Anyone interested in helping may contact the Fitness Center at ext. 4629.

Traveling Soccer will be starting its season in August. Open practices will be held every Tuesday and Thursday starting in July from 5-7pm at soccer field #2. Any interested individuals may attend the practices or sign-up at the Fitness Center starting in August.

Massage Therapy is still being offered at the Fitness Center. Massage appointments can be made for Mondays from 2:00 – 7:00, Tuesdays from 10:00 – 4:00, and Thursdays from 10:00 – 4:00. Please call extension 4629 to make an appointment.

This year's **Annual Triathlon** will be held on Saturday, August 21st. Sign-ups will begin in August. The Triathlon will consist of a 250 meter swim, 10K Bike, and a 5K run. Any individuals wishing to participate should begin training now as this is a challenging event. For more information please contact the Fitness Center, ext 4629.



ROD & GUN ASSOCIATION

FISHING PROGRAMS...

Trout Fishing - one of the benefits offered to annual-fee paying PRGA members is unlimited access to the Trophy Trout pond at North Basin. In addition to the 650+ lunker trout stocked there in April, there are also some hold-over trout from previous year stockings. Lunker of the year (thus far) is a 23 ½-inch brown trout caught AND RELEASED by PRGA veteran fly-fisherman Al Wagnecz in April. Trout are also stocked in Lynn's Pond (in front of the PRGA lodge) and Fisher's Pond, both of which are open to all eligible arsenal fishermen. These trout are supplemented by the Natural Resource Mgr (NRM), Jonathan Van de Venter. In total, almost 1400 trout were stocked in April. Bass Tournaments - PRGA also sponsors a series of bass tournaments on Picatinny Arsenal and other local lakes, from April to September. A Bassin' Kids tournament will also be held at Picatinny Lake on 10 July (11 July rain date). These events are open to all eligible arsenal fishermen and authorized guests (IAW PGR 200-3), free of charge. For PRGA Fishing Programs info, contact Tom Hartigan, hartign@pica.army.mil.

TRAP & SKEET. Thanks to the efforts of Mr. Art Reimer, Picatinny Skeet & Trap enthusiasts may continue to hone their skills at the Lake Mohawk Sparta Gun Club. Sundays from noon to 4pm. Upon arrival, please identify yourself as from Picatinny. Shoot fees for Picatinny are the same as Sparta Club members (\$2 per round). For details & directions...Call Mr. Reimer (973-729-3736). Sparta range is also open for use on WED evenings, 3-7pm.

INDOOR ARCHERY RANGE. Building 3311 (the old Haunted House) has recently been approved for use as an indoor archery range, sponsored by PRGA. In addition to a year-round opportunity for PRGA and other Picatinny hunters and archers to hone their skills, new archery programs for Picatinny youth and the local community may eventually be implemented.

For Archery Programs information, contact PRGA veteran and archery instructor Art Reimer.

NATIONAL HUNTING AND FISHING DAY. Each year, the PRGA sponsors a children's trout fishing tournament and other hunting, fishing, and trapping demonstrations, as a means to instill an appreciation for the installation's natural resources, and to foster responsible and ethical conduct as part of our sportsman's heritage among the community's youth. To support this event, NRM and PRGA volunteers stock over three-hundred trout in Lynn's Pond and provide assistance to ensure the best opportunity for all kids to catch fish. Entry is free and open to all community youth and eligible guests. After the tourney, the pond is open to fishing by all eligible arsenal fishermen. This year's event will be held on 18 September.

All - Last fall we identified structural problems with the supports of the Rod and Gun Club that rest on pilings located in Lake Picatinny. The damage was attributed to winter ice build-up on the lake. After much discussion between the Directorate of Public Works, the Safety Office and myself, we came up with what we thought was as an interim solution to restrict access to those parts of the build

ROD & GUN ASSOC

OTHER NEWS

ing that were not in danger of falling in the lake. It appears now that those restrictions are not enough. Last week, we had a professional Architectural and Engineering firm examine the condition of the supports as part of an effort to fund a structural design to save the building. Their initial comments indicate that the building is in an unsafe condition and should not be occupied until a more thorough evaluation can be done. The Garrison still intends to fund the structural design this year and the necessary repairs next year, but I don't want to take the risk that the building will collapse with people inside. Therefore, I have directed the Directorate of Public Works and the Safety Office to close the building to the public until we are sure it can be safely occupied. This was a tough decision as the R&G Club is one of the most beautiful buildings on the installation and frequently used for parties and other events. I understand that closing it has a negative impact on the quality of life of the people that live and work on Picatinny, but safety comes first.

LTC Paul Seitz
Picatinny Garrison Commander

Alutiiq-Wackenhut Security Services assumed full operational duties at Picatinny on 21 June 2004. All personnel are reminded gate hours remain unchanged except for the Mt. Hope Gate which is open from 0600 -2130 daily, including holidays and weekends. The access control policy remains the same for the Mt. Hope Gate; only DoD decaled vehicles with personnel possessing Government ID will be allowed access.

Gate hours follow:
Main Gate: Open daily 24 hours

Truck Gate: Open Monday -
Friday 0600 - 1830

Mt Hope Gate: Open daily 0600
- 2130

Berkshire Escape Trail Gate:
Open Monday - Friday 0600 -
0830 and 1500 -1730

RICHARD R. CLAWSON
Chief, Security Division
Directorate of Public Safety

What is PMCC? The Picatinny Military Civilian Club is a "Command Approved" private non-profit social organization, whose every action results in improved quality of life here through fundraising and volunteering. PMCC members are active as volunteers helping out whenever and wherever they can as the need arises.

Through its many fundraisers held throughout the year, PMCC donated approximately \$5,000 to various organizations on post as well as a few national organizations. Members draw from the Picatinny Military and Civilian community, Active Duty and retirees. If you would like to join, call Vicky Maloney or attend the next function. The dues are only \$15 and cover operating expenses.

Vet Clinics - Call to make an appointment, (732) 532-2406 or DSN 992-2406. Next Vet Clinic date is scheduled for Monday, 26 July (9am to 1pm in Bldg 1095). Please call the clinic ahead of time to be sure that all medications/special diets needed will be available.

COMMUNITY CONNECTION

DEPARTMENT OF THE ARMY
COMMANDER, US ARMY TACOM-ARDEC
MARKETING - BUILDING 34N
PICATINNY ARSENAL, NJ 07806-5000
OFFICIAL BUSINESS

MORALE, WELFARE & RECREATION PHONE LISTING

<i>Army Community Service</i>	(973) 724-7247
<i>Aquatic Park "Frog Falls"</i>	(973) 724-7275
<i>Cannon Gate Catering & Conference Center</i>	(973) 724-2582
<i>Chapel Center</i>	(973) 724-4139
<i>Child Development Center</i>	(973) 724-4337
<i>Child Development Services</i>	(973) 724-4994
<i>Choices</i>	(973) 724-5649
<i>Employee Assistance</i>	(973) 724-4357
<i>Family Child Care</i>	(973) 724-4994
<i>Golf Pro Shop</i>	(973) 724-4653
<i>Lil' Skeeters</i>	(973) 724-2405
<i>Lodging</i>	(973) 724-8855
<i>Information, Ticketing & Registration</i>	(973) 724-4186
<i>Marketing</i>	(973) 724-7246
<i>Outdoor Recreation</i>	(973) 724-4484
<i>Personnel</i>	(973) 724-2261
<i>Rod & Gun Association</i>	(973) 724-4484
<i>School Age Services</i>	(973) 724-5555
<i>Teen Center</i>	(973) 724-7183
<i>Total Fitness</i>	(973) 724-6215

MWR Kudos Corner...

A big thank you to the **Unit Fund** for providing special opportunities to our active duty military and their families!

Another kudos goes to American Legion Post 421, East Hanover, for their special event "Support our Troops" on 25 Jun 04.



COMMUNITY CONNECTION ... YOUR LINK TO MORALE, WELFARE & RECREATION
AND FAMILY SUPPORT PROGRAMS AND EVENTS FOR JULY THRU OCTOBER 2004